



Ordinarily Available Provision 2022

Information for professionals and parents/carers

Provision that the local authority expects to be made available for children and young people with special educational needs and/or disabilities in early years settings, schools and colleges.



Introduction

Portsmouth is a needs-led city:

Any provision or support should be provided in line with the needs of the child or young person and is not dependent on any formal diagnosis.

This document has been co-produced with SENCOs following extensive consultation with head teachers and partners.

Terminology used in this document

Throughout this document we will refer to:

- children and young people as CYP
- adults who support CYP as staff
- educational placements including early years provision, schools and colleges as settings
- special educational needs and/or disabilities as SEND

For details of services and support please visit:

www.portsmouthlocaloffer.org

www.portsmoutheducationpartnership.co.uk



Section One: Expectations of all settings

This section outlines the expectations on all educational settings, according to the needs of the CYP.

All settings must apply the principles underpinning the <u>SEND Code of Practice 0 to 25 years</u> and have regard to the Equality Act 2010 <u>Equality Act 2010</u>: <u>guidance</u>

The key principles of the SEN Code of Practice should be applied in all settings and throughout the CYPs learning journey.

- The views, wishes and feelings of the CYP and the child's parents.
- The importance of the CYP and parents, participating as fully as possible in decisions, and being provided with the information and support necessary to enable participation in those decisions.
- The need to support the CYP and the child's parents in order to facilitate the development of the CYP and to help them achieve the best possible educational and other outcomes, preparing them effectively for adulthood. (SEND Code of Practice)

Broadly speaking much of this section will be an integral part of the setting's provision for all children. It outlines some of the practices and adaptations that are part and parcel of quality first teaching. The provision and strategies outlined in this section may be required for CYP with SEN and/or disabilities but will undoubtedly be of benefit to many of the CYP in the setting.

	Expectations Strategies of all settings	
Partnership with CYP and parents/carers	The setting works in partnership with parents/carers and CYP in decision making.	The school SEND information report is co-produced with parents/carers. Parents/carers are signposted to www.portsmouthlocaloffer.org. This is referenced on the setting's website. Parents/carers are aware of the range of communication channels available for sharing information about their child. Parents/carers are aware of the SEN status of their child and the provision to support, including any individually tailored interventions in place. They are involved in setting and reviewing targets for their child. Formal and informal events take place to seek views in relation to SEN provision in the settings e.g. CYP and parent/carer surveys, coffee mornings. Use of a home and setting diary / book bag / messaging and social media to support communication directly with parents/carers in addition to communication given via CYP.

	Expectations of all settings	Strategies	
	An effective partnership with CYP and parents/carers is evident through their participation.	CYP are involved in the Graduated Approach; assess, plan, do, review, process: setting and reviewing targets and identifying their own learning strategies. CYP are helped to understand their own barriers to learning and the strategies that can support them. CYP are supported to value and celebrate their achievements. CYP understand and are able to contribute to the targets they are working to achieve.	
	Expectations of all settings	Strategies	
	A regular cycle of Assess, Plan, Do, Review is used to ensure that CYP with SEND are making progress.	CYP's strengths and difficulties in learning and behaviour are observed and monitored in a range of environments to inform planning. Staff are aware of CYP's starting points so that expected progress is made and can be measured.	
		Observation and assessment are used to inform planning and interventions starting from their strengths, interests and what they can do.	
		Consideration is given for individual CYP's unique journey. Case studies may be used to demonstrate holistic progress.	
	Staff ensure that formative assessment and feedback are a feature of teaching and learning.	A wide range of assessment strategies and tools are used to ensure a thorough understanding of CYP.	
Assessment		CYP have regular opportunities to evaluate their own learning. Self-assessment is routinely used to inform individual targets.	
Asses		The impact of provision and interventions is critically evaluated. Alternative approaches are explored to establish whether they may result in better outcomes for the CYP.	
	Expertise is in place to manage reasonable examination arrangements (access arrangements) for assessments, national tests and public examinations.	Settings make adaptations to assessment arrangements based on the CYP's normal way of working and reasonable adjustments used to enable the CYP access their learning.	
		Please refer to the relevant exam board guidelines. Arrangements could include: Rest breaks Use of a reader, scribe or laptop Extra time	

Adapted resources are used in class and assessments.

	Expectations of all settings	Strategies
Pastoral	The setting recognises, and responds to, the need for pastoral support for CYP with SEND, bearing in mind the individual's social and emotional needs and other relevant contextual circumstances.	There is a calm and purposeful climate for learning where CYP feel they belong, and their contributions are valued. CYP can identify an agreed safe space. Language used demonstrates unconditional positive regard for CYP (e.g. Relational Approaches). Awareness that CYP with SEND are vulnerable to bullying and an appropriate level of support and monitoring is in place. Aspects of the curriculum are used to develop wellbeing and resilience. Peer awareness and sensitivity towards difference (including SEND) are raised at a whole setting level. Work is done with classes and groups regarding specific needs or conditions as appropriate.
	CYP feels safe and valued. They know that they can approach staff and that their opinions and concerns are valued.	A named adult/key person provides a stable point of reference when required. Negative attitudes, beliefs and perceptions towards individuals and groups are challenged. CYP voice is encouraged and acted on.

	Expectations of all settings	Strategies
The physical and sensory environment	The physical environment is adapted to meet the needs of CYP.	The physical accessibility of the building and individual learning spaces are assessed. The accessibility plan is on the website and "reasonable adjustments" are made according to individual needs. The furniture is the appropriate size/height for the CYP. Extra-curricular activities and educational visits are planned to fully include
		CYP with SEND (in line with the Equalities Act 2010), including those with SEMH and physical disabilities. "Reasonable adjustments" are made.
		CYP's views are routinely sought and are used to inform planning for physical or sensory adaptations that they may require.
	Staff are aware of sensory needs and issues that may impact on CYP.	CYP sensory needs are known and used to plan the environment, including seating arrangements and movement breaks.
		Left and right-handed CYP are able to use equipment comfortably and seated so that they don't knock each other as they write/draw.
		CYP who wear glasses and/or hearing aids wear them and are seated in the optimum position.
The		Displays are meaningful and visually accessible to reduce sensory overload.
		Staff are aware of lighting in the room e.g. use of natural light, glare from the board, where you stand in relation to the light.
		Use of pale background and accessible font styles on the whiteboard.
		Staff are aware of smells and noise in the room and any particular individuals who may be significantly impacted by these. E.g. room next to the canteen or music room.

	Expectations of all settings Strategies	
	Staff are aware of the additional needs of their CYP, understand	Aspects of structured teaching are used according to CYP needs e.g. visual timetables, clear concise instructions with written or visual prompts (e.g. now and next cards), particularly during transitions.
	the nature and impact of these and how to	CYP are given time to process information before being asked to respond.
	respond to them.	Tasks are broken down into small manageable steps. These steps are shown explicitly.
	Planning incorporates more detailed specialist advice.	The pace and order of activities is varied to maintain interest and attention of all CYP.
	Staff differentiate to provide suitable	Modelling, cueing, prompting, and self-scaffolding is used to aid understanding and promote independence.
	learning challenges and cater for different learning needs and	Visual/audio demonstrations and visual cues/audio commentary are used. Key vocabulary is displayed with visuals.
jies	styles.	Alternatives to written recording are used routinely.
Teaching and learning strategies	Use of success criteria or similar to promote	Skills to promote independent learning and/or study skills are explicitly taught. CYP have access to homework clubs, or additional support with homework.
arni	independence, scaffold and support.	Homework is differentiated appropriately for CYP.
g and le		Staff handwriting on the board, working walls and in CYP's books is clear and legible.
Feachin		Technology e.g. interactive whiteboard, tablets etc are used to effectively promote engagement and scaffold the learning.
	Staff ensure that CYP have opportunities to work in different ways e.g. independently, in a variety of small groups and/or in pairs.	Strategies are used to actively promote independent learning e.g. through pre-teaching, overlearning, appropriately differentiated resources.
		Seating plans and groupings take account of individual needs and routinely provide opportunities for access to role-models, mixed-ability groups, structured opportunities for conversation and sharing of ideas and access to additional adults where they are available.
		Use of additional adults is planned to maximise their impact on learning.
		CYP are explicitly taught appropriate skills to manage routines and independence.
	Staff provide opportunities for	Relational practices are used to build and maintain positive relationships across the whole setting community.
	collaborative learning and peer support.	There are opportunities to develop peer awareness/sensitivity and support for different needs and disabilities both in and out of the classroom.

	Expectations of all settings	Strategies	
	Resources are allocated appropriately to ensure additional needs are met. Quality and impact of support is reviewed.	Resources are within easy reach of CYP to promote independence and reduce stigma.	
		CYP have easy access to sensory equipment that they require, e.g. writing slopes, pencil grips, wobble cushions, fidget toys, ear defenders, and weighted blankets.	
seo		Resources are clear and uncluttered, labelled using text and images. Print size and font is appropriate. Coloured backgrounds and paper are used to reduce visual stress.	
Resources		Physical resources such as PE and Maths equipment are adapted to promote independence e.g. different size balls.	
	Specific resources and strategies are	Tangible apparatus and adapted resources are available for those CYP who require it.	
	provided to overcome	CYP are taught how to use these resources effectively.	
	potential barriers to learning.	Technology is used to support alternatives to written recording and to	
	Increased use of ICT	promote independent learning.	
	resources.	The skills to use specific resources are taught e.g. touch typing.	
	Expectations of all settings	Strategies	
	All staff make a positive contribution to progress.	Additional adults are deployed proactively and their impact on the CYP is monitored carefully to ensure progress is supported and maintained.	
		Grouping/seating arrangements and additional support are used to promote independent learning as far as possible.	
ning		Strategies taught and used in interventions are integrated into teaching so that CYP can sustain progress within the classroom.	
nd trai	There is a plan for ongoing Continuing Professional Development (CPD) in relation to the needs of the CYP.	There is a planned programme of ongoing CPD in relation to SEND for the whole setting and individual teams and departments.	
Staff skills and training		Best practice is shared within the setting and with other settings in the city via the Portsmouth Education Partnership and its networks.	
Ś	Staff collaborate and	Staff know when and how to refer for extra support or advice.	
	have effective links with other relevant outside agencies and specialists.	The setting is aware of and regularly communicates with any other professionals who are involved with each CYP.	
		Advice received from other professionals is used to inform teaching and learning.	

	Expectations of all settings	Strategies
Transition and Transfer	Support is in place for routine and life transitions when required.	Transitions include: moving around the setting preparing for weekends, the start of holidays and beginning of term moving from lesson to lesson changing from structured to unstructured times moving from one activity to the next within a lesson changes of staff - permanent and temporary special events: visitors, visits, celebrations life events: birth of a sibling, change in parenting arrangements e.g. change in parent/carers relationship status, loss and bereavement or contact visits puberty Staff are aware of those who will need additional support for all or most transitions and plan for these transitions. This includes CYP who: have insecure attachment, including but not limited to Looked After Children, Children who are subject to Child in Need or Child Protection Plan and Service Pupils have social communication difficulty are neuro-diverse (ND) suffered trauma, loss, or bereavement are anxious Safe spaces are available within the room or an identified area. Visual timetables are used, events are removed or ticked off when finished. These may also include an "oops" for when things change unexpectedly. Timers are used to show CYP how long they have to work for/how long they have to finish. Opportunities for periods of respite using withdrawal to smaller groups. This might include self-directed/individual time-out. Plans are made for unstructured times: safe spaces are available; there are structured alternatives such as games club or use of the library for vulnerable CYP. Alternative activities, structures or routines are in place dependent on individual needs.

Expectations of all settings	Strategies
Procedures are in place for ensuring smooth progressi within and between settings, particula during all transitio	This information is available for the CYP's parents/carers, other colleagues within the setting and receiving or previous settings as required.
phases, including entry and exit.	adjustments are made as additional violity to a new catting (algorisem with a

Section Two: Support for broad areas of need

This section is separated by the four areas of need set out in the Code of Practice.

Many CYP may have needs across more than one category and certain conditions may not fall neatly into one area of need. When reviewing and managing special educational provision, the four broad areas of need may be helpful as a guide to ensure you can provide support across these areas.

Communication and Interaction

This provision should be in addition to the expectations in section one.

Approaches and Strategies

Whole setting awareness and understanding of communication and interaction needs

- CYP will access strategies and resources typically available, with an emphasis on visual teaching aids to support learning and social activities
- Tasks may need to be differentiated by level/ outcome/pitch/pace and grouping. Aspects of structured teaching might be helpful
- Staff are skilled in adjusting the pace and order of activities to maintain interest and attention
- Use of the neuro-diversity (ND) pathway to fully understand needs and celebrate the strengths of each CYP

Resources, Advice and Consultation Available

- Educational Psychology Team, email contact
- <u>Children's Therapy Services</u> (Speech & Language Therapy, Occupational Therapy, Physiotherapy)
- Solent Therapies Pack
- Solent Developmental Checklist
- Inclusion Outreach Service
- MABS
- Early Years Inclusion Team
- Early Years Resources Early Years and Childcare
- Health Visiting
- Portage and Portage Plus
- **ICAN**, the children's communication charity
- Ambitious about Autism, National charity for autistic children and young people
- National Autistic Society (autism.org.uk)
- Afasic, Voice for Life
- Council for Disabled Children
- NASEN (National Association of Special Educational Needs)

Identified barrier and/or need	Provision and/or strategies: approaches, adjustments and specific interventions expected to be made by settings according to the ages and stages of the learners	
Difficulties saying what	Modelling language	
they want to, and being understood.	Small group or individual language sessions	
understood.	 Language programme devised by a SALT or via use of <u>Solent Therapies</u> Pack 	
	Allow time for child to process and respond (10 second rule)	
	Introduce a variety of language through rhymes, songs, good quality texts	
	All attempts to speak are supported and valued	
	 Providing an additional method of communicating e.g. use of technology, symbol communication (e.g. Makaton, PECS, Aided Language Boards) 	
	 Selective mutism is a communication difficulty that has anxiety at its core. Support should be provided under the SEMH umbrella. See <u>SMiRA</u> (Selective Mutism Information & Research Association) for further information. 	
Difficulties understanding what is being said to them.	Check you have engaged the CYP's attention before talking to them, use their name	
	Consider how many information carrying words a CYP can manage when giving instructions	
	Tailor delivery style according to the CYP needs e.g. assertive language (give name and clear short instruction) or language modification techniques	
	Provide visual prompts including key vocabulary and visual timetables	
	Allow extra time to process what has been said	
	Review and adapt the environment and limit any distractions	
	Check that hearing has been tested	
	Pre-teaching of key vocabulary	
	Use of first, then, next	
	Access to an oral language modifier for assessments	
CYP does not understand	Modelling/role play	
or use social rules of communication.	 Small group sessions (e.g. circle of friends, Time to Talk, Socially Speaking etc) 	
	Social stories	
	Prompts – symbols, signing systems	
	Now (you are doing this) and Next (you are going to be doing that) boards	

Identified barrier and/or need	Provision and/or strategies: approaches, adjustments and specific interventions expected to be made by settings according to the ages and stages of the learners	
Difficulties with language Difficulties with	Use the CYP's name first to draw their attention, followed by key word instructions e.g. Jamie, stop.	
communication	Simple instructions (avoiding idioms)	
	Using literal language (avoiding sarcasm and figures of speech)	
	 Use of symbol communication such as Picture Exchange Communication System (PECS) 	
	 Be very aware of your own body language (70% of what we communicate is non-verbal) 	
	 Awareness of what would be an appropriate tone of voice (calm, not too loud) 	
	 Awareness of what would be an appropriate environment (noise, room temperature, lighting, room layout) 	
	Ensure language use is developmentally appropriate for the CYP	
Difficulties with	Role play and drama, use of props (e.g. puppets)	
imagination	Modelling	
	Story telling	
	Photos used to talk through what might be happening	
Difficulty with social	Small group / 1 to 1 tasks and activities	
communication and developing relationships	Calm learning environment	
developing relationships	Clear communication of expectations	
	See SEMH section	
Anxiety in busy	Preparation for change of activity or routine	
unpredictable environments	Small group / 1 to 1 tasks and activities	
environments	Calm learning environment	
	Clear communication of expectations	
	Regular mentor support, including adults or peers	
	Visual timetable to be used in setting/school	
	Social stories	
Sensitivity to sensory	Sensory breaks and snacks	
stimuli	Flexibility with uniform policy	
	Consideration to the environment e.g. noise, room temperature, visual stimuli, proximity	
	Flexible approach to transitions e.g. between lessons and to and from the setting	
	Access to a safe space	
	Sensory circuits and sensory rooms or resources	

Identified barrier and/or need	Provision and/or strategies: approaches, adjustments and specific interventions expected to be made by settings according to the ages and stages of the learners	
Physical outbursts causing harm to others	A consistent approach to managing individuals with reasonable adjustments made	
and/or to self and/or damage to property	Recognise that behaviour is a communication and understand the CYP unmet needs	
	Understanding the frequency and location of triggers	
	• Communication with families about what might be happening at home (e.g. divorce, bereavement, illness), strategies that work/don't work and relaying this information to staff	
	Preventative strategies in place	
	Safe area/reflection room	
	Appropriate de-escalation and regulation strategies in place	
	Risk management plan	
	Reintegration plans	
	 A clear plan of action, agreed with parents/carers with regard to physical intervention 	
	See SEMH section	
Limited attention span	Regular, short breaks	
compared to developmentally	Differentiation	
appropriate milestones	Chunking, breaking tasks down	
	Visual timetables and prompts to gain/maintain attention	
	 Backward chaining – break the task down into small steps and build the sequence so that the CYP completes the last part of the task so that they feel success and then gradually work back to increase more elements to complete the task 	
	Named instructions	
	Asking the CYP to repeat back what activity they are going to do	
	Use of timers, so they know they only have to focus for a comfortable amount of time	
	Individualised timetables	

Cognition and Learning

This provision should be in addition to the expectations in section one.

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- Differentiation to ensure the development of literacy, numeracy, expressive language, communication skills, minimise behaviour and emotional dysregulation and promotion of appropriate interpersonal skills with other CYP.
- Arrangements to support the use and delivery of approaches/materials for students with specific learning difficulties which may include multi- sensory teaching strategies, a focus on phonological awareness.
- Effective use of technology equipment to support learning.
- Staff are trained and skilled in supporting CYPs with general and specific learning difficulties.

Resources, Advice and Consultation Available

- Group consultation, with parents/carers, professionals and setting
- Advice or support via <u>Inclusion Outreach</u> <u>Service</u>
- Education Psychology Team
- Evidence based <u>literacy</u> and <u>numeracy</u> interventions
- Speech and Language Therapy Service
- Portage
- Early Years Resources Early Years and Childcare (portsmouth.gov.uk)
- Guidance on Supporting Children and Young People with Reading Difficulties
- Widget pictorial resources

Identified barrier and/or need

Difficulties with learning, e.g. despite appropriate differentiation, making less than expected progress over time across the curriculum and working below age related expectations Provision and/or strategies: approaches, adjustments and specific interventions expected to be made by settings according to the ages and stages of the CYP

- Assessment through teaching to identify the areas of need in consultation with the CYP
- Clear and simple instructions, breaking down longer instructions and giving one at a time
- Visual timetable
- Visual cues and prompts
- Social stories
- · Give time before response is needed
- Pre-teaching e.g. provision of staff to help prepare the CYP for the new learning
- Shared next steps so they know what to expect
- Differentiated resources teach the curriculum appropriate to the CYP not their chronological age (e.g. Year 5 child may be accessing Year 1 objectives in the same context)

Identified barrier and/or Provision and/or strategies: approaches, adjustments and specific interventions expected to be made by settings according to the ages need and stages of the CYP Specific learning Assessment through teaching to identify the areas of need in consultation with the CYP or observation if more appropriate difficulties affecting one or more specific aspect Metacognition approaches – learning to learn e.g. by trying to understand the CYP's difficulty and asking them what helps of learning, e.g. literacy difficulties, numeracy Use of the neuro-diversity (ND) pathway to fully understand needs and celebrate the strengths of each CYP difficulties or specific language impairment. Recognising and celebrating success in other areas of their life Appropriate adaptations made e.g. font, coloured paper, line spacing, For all areas of need any lighting, overlays, adaptation, technology - led by the needs of the CYP provision or support and what they find helpful should be provided in line Staff will have been informed of what strategies or approaches to use in with the needs of the CYP line with advice from assessments or consultation and is NOT dependant on Evidence based interventions to develop skills e.g., spelling, any formal diagnosis. handwriting, literacy, numeracy (Education Endowment Foundation or **Evidence4Impact**) Use of **Solent NHS Therapies** pack (BEAM/clever bodies programme etc) **Solent Developmental Checklist** Generalised learning the board, to enable the CYP to fully access the curriculum difficulties, e.g. difficulties

across the curriculum but with some areas of strength.

CYP with an uneven profile of skills and attainment.

- Adjustment, modification and differentiation of the curriculum, right across
- Active learning, concrete, pictorial and pragmatic approaches to learning
- Emphasis on self-actualisation activities designed to develop skills which will support them to become independent and resilient learners
- Support to manage self-esteem celebration of strengths, reinforcement of success

Social, Emotional and Mental Health Difficulties

This provision should be in addition to the expectations in section one.

Approaches and Strategies

Settings should assess SEMH needs to help staff understand the barriers to learning that CYP face. Learning needs should also be reviewed using setting's own screening or assessment tools or external advice to ensure that any SEMH needs or behavioural difficulties are not caused by an unmet learning need or communication difficulty. **All**

behaviour should be understood as a form of communication.

- Use of whole setting approaches to promote wellbeing and resilience
- Policy and practice underpinned by relational approaches
- Use of relational and restorative practice to build, maintain and repair relationships
- Anti-bullying work
- Identification of key adult to build positive and trusting relationship
- Use of social stories
- Small group or 1 to 1 work with ELSA/Learning Mentor or equivalent
- Support available for staff working with CYP with SEMH via group or individual supervision or debrief sessions
- Emphasis on choice rather than control and "take up time" to respond to choice whenever possible
- Use of distraction techniques and giving responsibility
- Use of trauma informed approaches e.g. PACE (ddpnetwork.org/about-ddp/meant-pace/)
- Explicitly teaching de-escalation and selfregulation strategies – adults as stress and shame regulators through co-regulation
- Explicitly teach rules and routines, build selfesteem and develop social and emotional skills to all CYP including through use of PSHE, circle time and curriculum approaches
- Use of nurture principles <u>www.nurtureuk.org/what-is-nurture/</u>
- Developing attachment aware strategies (training available)

Resources, Advice and Consultation Available

- Use of Family Support Plan
- Consultation with the <u>MASH</u> (Multi Agency Safeguarding Hub)
- PCC Mental health support for young people (SEMH)
- Education Psychology Team
- Inclusion Outreach Service
- Early Years Inclusion Team
- Professional consultation with CAMHS Single Point of Access (SPA)
- <u>Professional Consultation with Mental Health</u>
 <u>Support teams (MHST)</u>
- Schools Nursing Service/Health Visiting Service
- Advice from PCC attendance team when considering the use of part-time timetables, and virtual school or SEN team for LAC or learners with EHCPs.
- Local Networks: see <u>PEP calendar</u> for details

Identified barrier and/or need	Provision and/or strategies: approaches, adjustments and specific interventions expected to be made by settings according to the ages and stages of the CYP
Difficulties participating and presenting as withdrawn or isolated	 Assessment through teaching – e.g. are there parts of the curriculum that they find easier to manage than others? Use these to develop confidence Small group work e.g. friendship or social skills, nurture groups Backward chaining – bringing learner in at the end of assembly or school day Play based activities Establish interests, create opportunities for CYPs to practise new things Buddying/peer mentoring Giving responsibility for looking after someone else Develop relationship with key adult - using relational practice and the PACE approach, attune to understand, share and acknowledge the CYP's experiences Flexibility in curriculum and routine Emotionally Based School Avoidance, Guidance from West Sussex (Portsmouth guidance is being developed)

Identified barrier and/or need

Provision and/or strategies: approaches, adjustments and specific interventions expected to be made by settings according to the ages and stages of the CYP

Displaying behaviours that challenge e.g. refusal to follow instructions, aggression, damage to property

- A consistent message but flexible approach, e.g. "I want you to be in class learning" is the consistent message, the approach to support this happening may vary or be flexible depending on individual needs
- Reasonable adjustments are made such that we differentiate for SEMH in the same way that we differentiate for learning
- Understand the basis for the behaviour e.g. what is the history/context?
- Understand that behaviour is a method of communication e.g. what purpose is the behaviour trying to achieve for the CYP? What are they trying to tell us with their behaviour? What need are they trying to meet? What skills do they need to be taught?
- Use of choices to allow the CYP some control with the same end result e.g. would you like to complete this on the computer or write?
- Teach the CYP different ways to get their needs met? E.g. develop social skills, strategies to regulate their emotions
- Develop readiness to learn through regulation strategies
- Use of individual behaviour plans, Pastoral Support Plans and risk assessments
- Consideration of the routine, timetable, and transitions. Make stress as predictable, moderate, and controllable as we can
- Staff to be aware of and monitor their own regulation and swap with another staff member when needed
- Detailed transition between year groups/phases of education
- Professionals meeting to understand the behaviour
- Drawing on relational approaches, a culture of self-reflection to be encouraged, modelled and supported whereby staff can reflect on their own interactions and responses and consider whether an alternative response could lead to a different outcome?
- · Use of tools to assess and understand behaviour
- Communication with home/family e.g. what is going on at home, other agencies involvement?
- · Regular review of plan
- Whole school approach to support strategies consistency
- Structure should be clear and explicit what are the expectations?

Identified barrier and/or need	Provision and/or strategies: approaches, adjustments and specific interventions expected to be made by settings according to the ages and stages of the CYP
Behaviours may reflect	Understanding what lies behind the behaviours
 Anxiety/depression 	Multi-professional approach (MHST/HV/Early Years Inclusion Team)
 Self-harming 	Looking at the history, when did the behaviour start to change?
Substance misuseEating disorders	Liaison and collaboration with home is essential to understand the wider picture
 Developmental trauma 	Sensory or regulatory breaks
	 Substitutes for self-harming behaviours e.g. elastic bands, marbles - after training on self-harm or seeking advice from MH professionals (MHST or CAMHS) National Self-Harm Network
Physical symptoms that are medically unexplained	 Activities that are stress reducing e.g. games, dance, colouring, gardening, animals, outdoor activity and play, messy play, sensory activities
e.g. soiling, stomach pains	Keep a log and analyse pattern or trends to identify triggers
	Liaison with school nurse
	Be curious and listen to the CYP
Attention difficulties	Understanding the reasons, is there a pattern?
N.B. any provision or support should be	 Allowing plenty of time for movement or frequent small concentration periods, sensory breaks and regulation activities
provided in line with the	Have a clear structure to the day
needs of the CYP and is NOT dependant on any formal diagnosis	 Have clear expectations regarding behaviours and a clear and consistent response to behaviours
	Being aware of times of the day that may be more difficult
	Consideration of application of any reasonable adjustments that need to be made in line with the Equalities legislation
Developmental trauma	Liaise with parents/carers for shared understanding
and attachment difficulties	A good transition when the CYP starts a new setting – checking the history
	Supportive, structured curriculum
	 Staff to all be trained and aware of any CYP with attachment difficulties and how to respond to them
	 Consideration of teaching and reparative opportunities using natural consequences, rather than discipline procedures. Use relational influence rather than rewards
	Trauma informed approaches and PACE. Making connections before correction
	Nurture principles and ethos
	Consideration of family context and the range of CYP that may have attachment difficulties e.g. adopted, forces children, previously CIN, LAC
	Liaison with the Virtual School and/or EPT for training and advice including working as part of the attachment aware project

Identified barrier and/or need	Provision and/or strategies: approaches, adjustments and specific interventions expected to be made by settings according to the ages and stages of the CYP
Low level disruption	Differentiated use of voice, gesture and body language
or attention needing	Focus on reducing anxiety and thereby behaviours
behaviours, e.g. frequent interruptions to learning,	 Flexible and creative use of rewards and consequences e.g. 'catch them being good'
fiddling with objects (See section on sensory	 Positive reinforcement of expectations through verbal scripts and visual prompts
and physical needs	Safe space in the setting
regarding physical sensitivity)	 Sensory or regulatory breaks. 4 R's of co-regulation – Regulate, Relate, Reflect and Repair (Louise Bomber - <u>touchbase.org.uk/meet-the-team/louise-michelle-bomber-2/</u>)
Difficulty in making and maintaining healthy	Small group/nurture group activities to support personal, social and emotional development
relationships	 A range of differentiated opportunities for social and emotional development e.g. buddy systems, friendship strategies, circle time
	 Relational approaches as outlined in the PEP <u>Strategy to improve school</u> <u>attendance and reduce exclusions</u>.
Difficulties following and	Look for patterns and triggers to identify what may be causing behaviours
accepting adult direction	 Positive scripts - positive language to re-direct, reinforce expectations e.g. use of others as role models
	 Calming scripts to de-escalate, including for example, use of sand timers for calming and de-escalation time
	Limited choices to engage and motivate
	 Flexible and creative use of rewards and consequences e.g. 'catch them being good' sticker charts
	Follow-Lead-Follow activities (reciprocal interaction)
	Provide structure-consistency without rigidity
	Visual timetable and use of visual cues i.e. sand timers to support sharing
Presenting as significantly	Identify and build on preferred learning styles
unhappy or stressed	Safe place/quiet area in the setting
	 Feedback is used to collaborate and plan with parent/carer, to ensure consistency between the home and setting
	Use of social stories to identify triggers and means of overcoming them
	Ensure a named, trusted adult is available for some 1:1 time in a safe place
Patterns of non- attendance	 Feedback is used to collaborate and plan with parent/carer, to ensure consistency between the home and setting
	Maintain connection – let the CYP know you are keeping them in mind

Sensory and/or Physical Needs

This provision should be in addition to the expectations in section one.

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- All staff are aware of individual CYP sensory/ physical disability and implications in all teaching and learning environments
- · Favourable seating arrangements are identified
- Staff are aware that for some CYP, a sensory or physical disability could impact on their language and social interaction
- Staff are aware sensory challenges may also impact on the physical or motor/movement and some physical disabilities may also impact on cognition
- Staff should encourage CYP to wear appropriate sensory equipment and use physical aids
- Staff should ensure that all CYP have understood all instructions

Resources, Advice and Consultation Available

- Education Psychology Team
- Vision and Hearing Team
- Portage
- Occupational Therapy Service
- Children with Disabilities
- Physiotherapy Service
- Solent Therapies Pack
- School Nursing Service
- Inclusion Outreach Service
- The Rainbow Centre
- The Dyspraxia Foundation
- The Elizabeth Foundation
- Royal National Institution for the Blind (RNIB)
- National Deaf Children's Society
- Simon Says
- Early Years Inclusion Team

Identified barrier and/or need	Provision and/or strategies: approaches, adjustments and specific interventions expected to be made by settings according to the ages and stages of the CYP						
Hearing impairment	To support a CYP with a hearing impairment						
	Communication Strategies						
	Adults should:						
	Work together with other professionals to share strategies and advice						
	Be made aware how best to support in school						
	Have appropriate training i.e. Makaton						
	Be aware the CYP may use lip-reading and visual clues to support their hearing. Ensure that they are face on when you are giving instructions. Try not to move around the room whilst talking						
	Deliver instructions clearly and at normal conversational level						
	Check the lesson content has been heard and understood, particularly when delivering new information, instructions or homework; and/or using unfamiliar vocabulary						
	Repeat/rephrase pertinent comments made by other members of the class						
	Be aware that during PE or Games lessons and practical subjects it will be more difficult to follow instructions						
	Encourage good listening behaviour: sitting still, looking and listening						
	Enable CYP to have time to respond verbally						
	Use CYP's name to gain their attention before speaking to them						
	The CYP with a hearing impairment should:						
	Be seated appropriately with clear view of adult's face and any visual material used						
	If the CYP has a unilateral loss - sit at front with better listening ear facing the speaker						
	Be encouraged to ask when not sure what to do and encourage to access resources independently						
	Access to the Curriculum						
	Words spoken on an audio/visual recording may need a person to repeat what is being said, provide written copy and/or use subtitles						

- Visual reinforcement (pictures and handouts), to support learning
- Pre and post tutoring to introduce vocabulary and concepts
- Apply appropriate exam concessions

Identified barrier and/or need	Provision and/or strategies: approaches, adjustments and specific interventions expected to be made by settings according to the ages and stages of the CYP
Hearing impairment	Deaf Friendly Classroom
	Carpeting, soft furnishing, rubber feet on the table and chair legs etc. will reduce noise
	CYP should be seated away from any source of noise e.g. window, corridor, fan heater, projector, the centre of the room etc.
	Minimise background noise and maintain a quiet working environment, particularly for specific listening work
	Visual timetable and use of visual cues i.e. sand timers to support sharing
	 Appropriate safety and deliver and/or signpost to appropriate interventions
	Appropriate evacuation procedures in place
	Planned and unplanned breaks as appropriate
	 Promote positive attitudes towards hearing impaired within the school environment
	Differentiated activities should reflect CYP individual needs to ensure full access to the curriculum
	Access to IT as appropriate
	Audiological Management
	• Staff working with the CYP HI should understand the use of hearing aids, radio aids and any other appropriate equipment. Training will be provided

Social and Emotional Wellbeing

- Pastoral support to support social, emotional and mental health
- Encourage and facilitate social interactions with peers

by the Vision and Hearing Team as required.

Identified barrier and/or need	Provision and/or strategies: approaches, adjustments and specific interventions expected to be made by settings according to the ages and stages of the CYP
Visual impairment	Staff to work together with other professionals to share strategies and advice to support the child or young person as advised by Qualified Teacher for the Visually Impaired (QTVI) and/or Habilitation Specialist
	Promote positive attitudes towards visual impaired people within the school environment and local communities, with advice from the Vision and Hearing Team
	Plan and deliver differentiated classroom activities to reflect student's individual needs and ensure full access to all activities as well as support social, emotional, communication and physical skills
	Additional time to complete tasks
	Language mediation of visual information which is beyond CYP visual reach e.g. use auditory reinforcements
	Post and pre tutoring to ensure concepts are understood
	Provide uncluttered space and plain backgrounds to help the CYP person focus on the appropriate object
	Provide access to quieter learning environments at times if necessary
	Support to promote full social inclusion and to develop social skills
	Differentiated and modified visual learning material e.g. recommended print size and font type, decluttered, wider spacing, different coloured paper, modification of task at source
	 Provision of stationary e.g., bold lined/squared paper, coloured paper, writing slopes, coloured glue sticks
	Large print library books and talking books
	Bold writing pens
	Use of real objects to support concept development and understanding
	 Access to larger and tactile learning materials e.g. real life objects, tactile maps and globes, VI protractors and rulers
	Provide exam access arrangements as advised
	Use of ICT for example, iPad connected to whiteboard and electronic books
	Reading apps. E.g. Dolphin Easy Reader App
	Touch typing and touch typing programme when required to improve recording

Use of magnification and accessibility features in IT/technology. E.g. visualisers, low vision aids iPads/tablets

Identified barrier and/or need	Provision and/or strategies: approaches, adjustments and specific interventions expected to be made by settings according to the ages and stages of the CYP				
Visual impairment	Support in practical lessons for Health & Safety				
	Adapted PE activities e.g., brightly contrasting equipment				
	Line marking and visually friendly environments as per environmental audit and similar interventions suggested by Habilitation Specialist or QTVI				
	Implement strategies advised by Habilitation Specialist				
	Take account of mobility needs such as accessing mobility training				
	Equipment for life skills/curriculum activities e.g., talking scales				
	 Provide additional resources for inclusive play, for example a bell in the ball, so all can play together. 				
Physical disability	Whilst not all physical environments might allow for all of the provision below, settings are expected to use their best endeavours to make reasonable adjustments				
	 Staff to work together with other professionals to share strategies and advice to support the CYP 				
	Moving and manual handling training				
	Support equipment e.g. standing frames, walkers, wheelchairs, protective helmets, high low tables				
	Accessibility planning				
	Accessible transport				
	Accessible toilet				
	Work chairs				
	iPad and grips				
	Staff have appropriate training to meet physical needs				
	 Adapted equipment to access specific aspects e.g. cutlery, crockery, scissors 				
Severe and complex medical needs including	 Support equipment such as lockable medicine cabinets, first aid bags, fridges 				
a life threatening or life limiting diagnosis or	Rotated medication/care training				
	Tracheostomy protocol				
condition	Liaising with specialist colleagues for up-to-date training				
	Bereavement training and policies				
	 Regular home and setting contact when/if CYP is not able to attend, to maintain 'sense of belonging' with peers and the community 				

Identified barrier and/or need	Provision and/or strategies: approaches, adjustments and specific interventions expected to be made by settings according to the ages and stages of the CYP
Physical sensitivity	In addition to the sensory provision outlined in section one:
including hyper and hypo responses and possible	 Staff to work together with other professionals to share strategies and advice to support the CYP's sensory diet
sensory processing	Sensory reduction planning
difficulties (see SEMH	Staff training through CPD
section too)	Individual workstations
	 Sensory or regulatory breaks. 4 R's of co-regulation – Regulate, Relate, Reflect and Repair (Louise Bomber)
	Sensory circuits











You can get this information in large print, Braille, audio or in another language by calling 023 9268 8448

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