

# Top tips from disabled children and young people about how to involve them in their social care assessment\*:



## • Help us to prepare

Send us information about:

- · What to expect
- The types of questions we might be asked
- Who is coming to visit and why

This gives us a chance to think about any questions we might have too

#### Get to know us

Find out if we have a favourite band or hobby that you can talk to us about Find out how we communicate and be prepared Use the Local Offer and be aware of local opportunities so you can signpost us

# • Help us feel relaxed

We're much happier communicating when we're doing an activity Be creative about how you get our views so that we feel listened to no matter how we communicate

### We think that our social worker should be:

Organised, approachable, funny, knowledgable and non-judgmental

• Last but not least... we love biscuits at our meetings!